Free Additional Resources

Substance Abuse and Mental Health Services Administration Treatment Improvement Protocols

- The Substance Abuse and Mental Health Services Administration (SAMHSA) offers free Treatment Improvement Protocols (TIPs). IC&RC recommends the following TIPs for use in studying for IC&RC examinations. These TIPs are meant to supplement, rather than replace, resources listed above.

- TIPs that are currently in print can be ordered from www.samhsa.gov at no charge. Please allow several weeks for shipping. Some TIPs are available in print, while others can be downloaded immediately from the SAMHSA website. Check the SAMHSA site for availability. Helpful TIPs include:

  TIP 30  Continuity of Offender Treatment for Substance Use Disorders from Institution to Community
  TIP 31  Screening and Assessing Adolescents for Substance Use Disorders
  TIP 33  Treatment for Stimulant Use Disorder
  TIP 34  Brief Interventions and Brief Therapies for Substance Abuse
  TIP 35  Enhancing Motivation for Change in Substance Abuse Treatment
  TIP 36  Substance Abuse Treatment for Persons with Child Abuse and Neglect Issues
  TIP 37  Substance Abuse Treatment for Persons with HIV/AIDS
  TIP 38  Integrating Substance Abuse Treatment and Vocational Services
  TIP 39  Substance Abuse Treatment and Family Therapy
  TIP 42  Substance Abuse Treatment for Persons with Co-Occurring Disorders
  TIP 43  Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs
  TIP 44  Substance Abuse Treatment for Adults in the Criminal Justice System
  TIP 47  Substance Abuse: Clinical Issues in Intensive Outpatient Treatment
  TIP 48  Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery
  TIP 50  Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment
  TIP 51  Substance Abuse Treatment: Addressing the Specific Needs of Women
TIP 53 Addressing Viral Hepatitis in People with Substance Use Disorders
TIP 54 Managing Chronic Pain in Adults with or in Recovery for Substance Use Disorders
TIP 55 Behavioral Health Services for People who are Homeless
TIP 56 Addressing the Specific Behavioral Health Needs of Men
TIP 57 Trauma-Informed Care in Behavioral Health Services
TIP 59 Improving Cultural Competence

**National Institute on Drug Abuse**

- The National Institute on Drug Abuse (NIDA) offers publications for health and medical professionals that are available online at [http://www.drugabuse.gov/publications](http://www.drugabuse.gov/publications). Helpful publications include:

  - Published October 1999. Revised December 2012. Presents research-based principles of addiction treatment for a variety of drugs, including nicotine, alcohol, and illicit and prescription drugs, that can inform drug treatment programs and services. Available in Español.

  **Drugs, Brains, and Behavior: The Science of Addiction**
  - Published April 2007. Revised July 2014. Provides scientific information about the disease of drug addiction, including the many harmful consequences of drug abuse and the basic approaches that have been developed to prevent and treat the disease. Available in Español.

  **Preventing Drug Use among Children and Adolescents (In Brief)**

  **Drugs: Shatter the Myths**
  - Published October 2010. Revised March 2015. Answers teens’ most frequently asked questions about drugs and abuse with scientific facts and engaging images. Available in Español.

  **Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide**
  - Published January 2014. Revised January 2014. Presents research-based principles of adolescent substance use disorder treatment; covers treatment for a variety of drugs including, illicit and prescription drugs, alcohol, and tobacco; presents settings and evidence-based approaches unique to treating adolescents.
Published October 2012. Revised October 2012. Five questions, developed by the Child and Family Center at the University of Oregon, that highlight parenting skills that are important in preventing the initiation and progression of drug use among youth.

*Principles of Drug Abuse Treatment for Criminal Justice Populations – A Research-Based Guide*
- Published September 2006. Revised April 2014. Presents research-based principles of addiction treatment that can inform drug treatment programs and services in the criminal justice setting.

*Marijuana: Facts Parents Need to Know*

*Marijuana: Facts for Teens*

*Seeking Drug Abuse Treatment: Know What to Ask*

**National Institute on Alcohol Abuse and Alcoholism**
- The National Institute on Alcohol Abuse and Alcoholism (NIAAA) offers free resources for clinicians, physicians, social workers, and other health care professionals that can be ordered or downloaded at [http://www.niaaa.nih.gov/publications/clinical-guides-and-manuals](http://www.niaaa.nih.gov/publications/clinical-guides-and-manuals). Printed materials incur a shipping cost, which are listed under each publication. Resources include:

  * **Alcohol Screening and Brief Intervention for Youth: A Practitioner’s Guide (40-page guide and pocket guide set)**
    - Updated November 2011. Includes a pocket guide for alcohol screening and brief intervention for youth.
    - CME/CE course available.

    - Updated 2005. Includes a pocket guide for *Alcohol Screening and Brief Intervention*.
    - Available in Español.

    - Updated 2010.

    - Updated 2003.
Quick-Reference Instrument Guide available.

**Combine Manuals**
- Updated 2004.

**Alcohol Problems in Intimate Relationships: Identification and Intervention-A Guide for Marriage and Family Therapists**
- Updated 2003.

**Social Work Curriculum on Alcohol Use Disorders**
- Updated 2005.

**Surgeon General’s Call to Action to Prevent and Reduce Underage Drinking**
- Updated 2007.

**The College Drinking Prevention Curriculum for Health Care Providers**
- Updated 2002.

**An Update on College Drinking Research**
- Updated 2007.

**Updating Estimates of the Economic Costs of Alcohol Abuse in the United States**
- Updated 2000.

**Economic Costs of Alcohol and Drug Abuse in the United States**

**Surveillance Reports**
- Contains data directories and manuals on alcohol-related problems.

**Alcohol Epidemiologic Data Directory**
- Contains data directories and manuals on alcohol-related problems.

**U.S. Alcohol Epidemiologic Data Reference Manuals**
- Contains data directories and manuals on alcohol-related problems.

- Updated 2005.

**Improving the Delivery of Alcohol Treatment and Prevention Services: Executive Summary**
- Updated 2000.

**NASADAD/NIAAA State Issue Brief No. 1 – Medications**
- Updated 2001

**NASADAD/NIAAA State Issue Brief No. 2 – Prenatal Alcohol Exposure**
- Updated 2006.
Pharmacotherapy for Alcohol Dependence-Evidence Report/Technology Assessment No. 3
• Updated 1999.

Project MATCH

Research Monographs
• Based on papers presented at NIAAA-sponsored conferences on a topic.

Researcher in Residence Program: Experiences from New York State
• Updated 2001.

Researcher in Residence Program: Improving Treatment Practice in North Carolina
• Updated 2002.

Sentencing and Dispositions of Youth DUI and Other Alcohol Offenses, Second Edition
• Updated 2005.

State of the Science Report on the Effects of Moderate Drinking
• Updated 2003.

10th Special Report to the U.S. Congress on Alcohol & Health
• Updated 2000.
• Only available on website.